

Your Three Week Menu

Monday

Tuesday

Wednesday

Thursday

Friday

WEEK ONE

Beef Burger in a Bun with Potato Wedges and Baked Beans or Sweetcorn

Spaghetti Bolognese with Garlic Bread and Seasonal Vegetables

Roast Gammon and Pineapple with Roast/Mashed Potatoes Seasonal Vegetables and Gravy

Chicken Curry with Rice & Naan Bread with Seasonal Vegetables

Fish and Chips Baked Beans or Peas

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans Served with Salad

Deli Option with a Choice of 2 Breads and Cheese, Tuna Mayo or Sliced Ham Served with Salad

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Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans Served with Salad

Chocolate Brownie with a Fruit Wedge

Sticky Toffee Pudding with Custard

Shortbread Finger with a Fruit Wedge

Fresh Fruit Platter or Cheese and Crackers

Fruit Muffin

WEEK TWO

Pork Sausages and Mashed Potatoes with Garden Peas and Gravy

Cottage Pie with Seasonal Vegetables

Roast Beef with Yorkshire Pudding Roast/Mashed Potatoes Seasonal Vegetables and Gravy

Chicken Fried Rice with Curry sauce and Seasonal Vegetables

Cheese & Tomato Pizza with Chips Baked Beans or Peas

Cheese & Bacon Loaded Skins Served with Salad

Cheese & Red Onion Toasted Sandwich Served with Salad

Cheese & Tomato Pasta Served with Salad

Ham & Tomato Baguette Served with Salad

Vegetarian Burrito Served with Salad

Chocolate Crunch with a Fruit Wedge

Iced Sponge Cake

American Muffin

Fresh Fruit Platter or Cheese and Crackers

Golden Crunch Cookie with a Fruit Wedge

WEEK THREE

Beef Meatballs and Spaghetti Tomato & Herb Sauce with Garlic Bread and Seasonal Vegetables

Steak Pie with Baby Potatoes and Seasonal Vegetables

Roast Turkey with Roast/Mashed Potatoes and Seasonal Vegetables and Gravy

Chinese Chicken Curry with Rice Naan Bread and Seasonal Vegetables

Cheese & Tomato Pizza with Chips Baked Beans or Garden Peas

Cheese & Spring Onion Omelette, Crusty Bread Served with Salad

Broccoli & Cauliflower Bake Served with Seasonal Vegetables and Crusty Bread

BLT on a Wholemeal Roll Served with Salad

Tuna & Cheese Hot Baguette Served with Salad

Roasted Veg Quiche Served with Salad

Chocolate Sponge with Chocolate Sauce

Iced Finger

Flapjack Finger with a Fruit Wedge

Fresh Fruit Platter or Cheese and Crackers

Raspberry Bun with a Fruit Wedge

Available every day - Unlimited salad, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

